# All Age Autism Strategy North Yorkshire

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National	Local Policies,	<b>Current service</b>	Current	Governance	Looking back at	Key	Proposal	Timeframe
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- 2009- The Autism Act: states there has to be a government strategy for improving services for autistic adults, underpinned by legally binding guidance to councils.
- 2021- 2026 the national strategy for autistic children, young people and adult
- 2015 'building the right support' national plan
- July 2022: building the right support for people with a learning disability and autistic people
- Mandatory Training Oliver McGowan Mandatory Training for Health and Social Care – now available to all Health and Social Care staff.

- Care Act (2014).
- Children Act (2004).
- Children and Families Act (2014).
- Data Protection Act (2018).
- Equality Act (2010).
- Health and Social Care Act (2022).
- Human Medicines Regulations (2012).
- Mental Capacity Act (2005).
- Mental Health Act (2007).
- **(2014)**.

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- Special Educational Needs and Disability Regulations (2014).
- Autistic People's Healthcare Information Strategy For England (2022).
- Care Quality Commission: Essential Standards of Quality and Safety (2010).
- Department for Children, Schools and Families: Every Child Matters (2003).
- Department for Education: SEND Code of Practice: 0 to 25 years
- Department for Education: Short Breaks for Carers of Disabled Children (2011).
- Department for Education: Supporting Pupils with Medical Conditions in Schools (2014).
- Department for Education: Working Together to Safeguard Children (2018).
- Department for Education: Munro Review of Child Protection (2012).

- Department for Education: Support and Aspiration- A new approach to Special Educational Needs and Disability (2011).
- Department for Education & Skills: Aiming High for Disabled Children (2007).
- Department of Health: Choosing Health- Making Healthier Choices (2004).
- Department of Health: Healthy Lives, Brighter Futures, The Strategy for Children and Young People's Health (2009).
- Department of Health: Framework for the Assessment of Children in Need and their Families (2000).
- Department of Health and Social Care: Promoting the Health and Well-Being of Looked-After Children (2015).
- NHS: Long Term Plan (2019).
- NHS England: STOMP-STAMP, Stopping Over Medication of People With a Learning Disability, Autism or Both/Supporting Treatment and Appropriate Medication in Paediatrics (2018).
- NICE clinical guideline

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- North Yorkshire CCG Operational Plan 2020/21- Children and Young People
- North Yorkshire Safeguarding Children Partnership: Being Young in North Yorkshire 2021-2024.
- Local Area Agreement.
- NYCC (2008) Managing the health care needs of children and young people. Medical Education Service
- Humber Coast and Vale ICS: Children and Yong People's Mental Health Strategy, North Yorkshire CCG (2021) (part of below).
- North Yorkshire Joint Strategic Needs Assessment.
- NYCC SEND Strategic Plan 2018-2023.
- 2015 -2020 NY all age autism strategy and implementation plan-"the changing landscape of autism in North Yorkshire"
- Autism Accreditation
- North Yorkshire Autism strategy 2021-2026.

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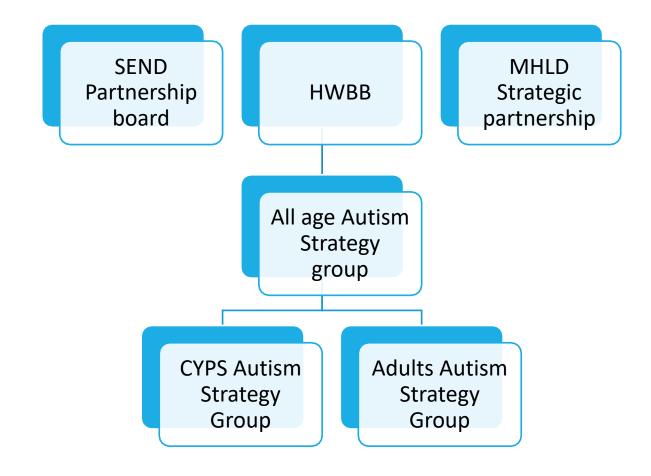
- ■Referrals for assessment for people living in North Yorkshire is currently 100 per month.
- ■53% of these are for females.
- •All referrals are being received are through GP's
- ■But the service does accept referrals from CMHT
- Conversion rate lies at around 80%
- Age range of referrals as follows:

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 41 – 49 = 10.23%

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- Developed a Autism core working group multi agency to ensure an All Age Strategy is developed.
- Working closely with a self-Advocacy Group to hear peoples voices.
- Started to gather insight data, engagement, national direction,
- Planning underway for the new All Aged Autism strategy launch 2024
- Mapping achievements, gaps, process against the last strategy
- CYP strategy in draft format

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## The Changing Landscape of Autism 2015 - 2020

Theme one- support for people with autism and their families

Theme two- assessment and diagnosis

Theme three- raising awareness and training

Theme four- information and signposting

Theme five- employment and education

Theme six- supporting people with autism through key life changes

Theme seven- working together

## Support people with autism

#### We said we would:-

- Ensure that the support available is of a high standard
- Support active engagement of people with autism in local communities
- Ensure that all mental health staff can identify the mental health needs of people with autism effectively, particularly during a crisis
- Help people with autism to feel included and safe within their communities.

#### What we did:-

Developed a strength-based approach to assessments

Reviewed the Best Practice Guide and Tool for adult social care staff carrying out an assessment

Developed an improved prevention offer including the Living Well service

## Support people with autism

- Developed the Safe Places Scheme
- Reviewed the Autism Champions' role across the Council and developed the role of Practice Advisor in Health and Adult Services
- Increased the number of Cygnet training courses offered to parents
- Developed a range of activity-based groups for children with disabilities, including those with autism

#### What we still need to do

Ensure mental health staff are able to identify the needs of people on the autism spectrum, including children and young people.

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## Assessment and Diagnosis

#### We said we would:-

Provide accessible diagnostic services,

Review the existing pathways make sure it meets people's needs, ensure people have the opportunity to provide feedback and review the available at post-diagnostic support.

#### What we did:-

Commissioned a local diagnostic service for adults.

Continued to deliver local diagnostic services for children and young people.

#### What we still need to do:-

Work with the new ICS to develop a sustainable service model for diagnostic services in North Yorkshire.

Review the information which is available to people both pre and post diagnosis

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## Raising awareness and training

#### We said we would:-

- We said we would raise awareness of autism with the public.
- We also said we would look at what training is provided to professionals and see how it can be improved to make organisations more autism friendly.

#### What we did:-

- North Yorkshire County Council adult services are accredited by The National Autistic Society
- Reviewed online autism awareness training for North Yorkshire County Council
- Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) has developed an autism framework which includes a three levels of training dependent on someone's role.
- Developed continued professional development opportunities for health and social care professionals working with autistic children and young people
- Established the Autism Education Trust hub for post-16 delivery
- Held activities as part of Autism Awareness Week

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## Raising awareness and training

#### What we still need to do

- Develop a better understanding of the training available across the public sector.
- Continue to raise awareness of autism amongst the wider public

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## Information and signposting

#### We said we would:-

Improve the way we communicate with autistic people and their families. We would do this by making information about autism easier to understand and improve the way we let people know about services and support they can get.

#### What we did:-

- Made information on support and activities in communities available online.
- Made autism resources available within NYCC public libraries and made the libraries more autism friendly.
- Reduced the number of referral points for families of children and young people with autism

#### What we still need to do:-

Involve people more closely in developing communication

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## **Employment and Education**

#### We said we would:-

- Improve opportunities for people with autism to get into education or employment.
- Improve the knowledge of autism in place like schools and universities, to help them become autism friendly.
- We also wanted to set up groups where people in education could help to support each other by sharing their experiences.

#### What we did:-

- Supported people with autism to gain and maintain employment.
- Developed continued professional development opportunities for staff across all educational settings.
- Developed peer support opportunities for children and young people with autism.

#### What we still need to do:-

- Continue to work with partners to improve employment opportunities for people who are autistic
- Continue to work with schools to become autism friendly

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## Supporting people through key life stages

#### We said we would:-

Provide more support to people with autism when they were going through big changes in their lives, such as becoming an adult.

#### What we did:-

- Developed a new approach to supporting young people moving from Children and Young People's Services to Health and Adult Services.
- Improved the transition from primary to secondary school for children with autism

#### What we are still to do:-

Finish implementing the new approach to transitions from Children and Young People's Services to Health and Adult Services.

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## Working Together

#### We said we would:-

Involve people with autism and their families when planning our work and keep them updated.

We would work together better with all organisations who are supporting people with autism to improve services.

#### What we did:-

- Developed a governance structure for implementing the strategy with a range of partners and stakeholders
- Worked with parents to develop parent support in Craven district

#### What we still need to do:-

- Develop a range of ways for people on the spectrum, their families, friends and carers to find out about opportunities to help develop services and get involved
- Ensure that we are including voluntary and community sector organisations in developing services

## Key Commitments of the National Strategy 2021-2026

- > Improving understanding and acceptance of autism within society
- Improving autistic children and young people's access to education, and supporting positive transitions into adulthood
- >Supporting more autistic people into employment
- Tackling health and care inequalities for autistic people
- ➤ Building the right support in the community and supporting people in inpatient care
- >Improving support within the criminal and youth justice systems

## Proposal

- Foreword
- Introduction –
- What is Autism, why it matters
- What we have achieved so far- look back, case studies, what are the gaps
- Vision, aims, outcomes, values
- National and local information data, policy, acts
- ■Wider content wider determinates of health, impact of COVID 19, Cost of living
- Priorities, outcomes, actions
- Governance and implementation of plan
- Appendix engagement report, 2019 report look back, 2022 look back report, JSNA, Engagement report 2023

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### Timeframe

- November Feb 2023 Update report on last strategy 2020- 2022
- December 2022 plan engagement activity, seek a provider
- Jan 2023— appoint a provider for engagement
- ■Feb April 2023 Engagement and JSNA content
- ■May July 2023 review engagement and draft priorities
- August October 2023 draft strategy share with partners, groups, check what we have heard from engagement
- November December 2024 review draft
- ■Jan Feb2024 formal consultation on draft strategy
- March 2024 Launch